

	MAIN STAGE	BAR TENT	ROCKSTAR WALL	PHOENIX WALL	MAIN QUARRY	TRAINING WALL	CHILL ZONE	OTHER	FOOD STALLS
0900	9am Welcome & Brief								
0930		Discounted OAC Guidebooks				9:30am Intro to Tooling			
1000				10am Inter/Advanced Coaching Pre-booked session			10am Yoga (45 mins) £10 per person		
1030									
1100						10:30am – 1pm Lock-off Competition Hang for as long as you can, and win prizes!			
1130			11:30am Beginner/Inter Coaching Pre-booked session		11:30am Figure-4 Coaching Pre-booked session				
1200	12pm Competitive Ice Climbing Talk by Alice Macdonald								
1230	1pm Guardian Film by Jonathan Doyle								
1300									
1330					1pm Steep Roof Coaching Pre-booked session	1pm Intro to Competition Holds Northern Dry Tooling		1pm Cave Trip Go underground with Derbyshire Caving Association	
1400		 2pm Beer Festival Real ales from the Jolly Sailor Brewery Live music by Andrew from Mint Cakes			2:30pm Figure-4 Coaching Pre-booked session			SOLD OUT	Pizza Pi
1430									
1500						2:30pm – 5pm Lock-off Competition Hang for as long as you can, and win prizes!			Emma's Baps
1530									
1600									
1630									
1700									
1730									
1800									
1830									
1900							6pm Sauna Book online at saunapause.co.uk		
1930									
2000									
2030									
2100									
2130									
2200									
2230									
2300									
2330									

For climbing sessions, please meet at the top of the Ramp **15 minutes before the session time.**

For Yoga/Aerial/Pole sessions, please meet at the Chill Zone **10 minutes before the session time.**

Please submit score sheets for all competitions to the reception tent by **6:30pm.**

Briefings and admin

Social events and live music

Movies and guest speakers

Beginner / Inter Coaching

Inter / Advanced Coaching

Yoga and other well-being

Other activities

	MAIN STAGE	BAR TENT	ROCKSTAR WALL	PHOENIX WALL	MAIN QUARRY	TRAINING WALL	CHILL ZONE	OTHER	FOOD STALLS
0900	9am Welcome & Brief								
0930		Guidebook Sale Discounted OAC Guidebooks				9:30am Intro to Tooling			
1000					10am Fig-4 Coaching				
1030					10:30 Sport Tips & Tricks				
1100	11am DIY Fruit Boots Pre-booked session			11am Inter/Advanced Coaching Pre-booked session		10:30am – 2:30pm Lock-off Competition Hang for as long as you can, and win prizes!	11am Aerial Skills Demo & Workshop	11:30am SRT Pre-booked SRT workshops	
1130	12pm Training for Tooling Talk by Emma Powell		11:30am Beginner/Inter Coaching Pre-booked session				12:30pm Pole Skills Demo & Workshop		
1200									
1230									
1300	1:30pm Rescues & Ropes Talk by Nigel Atkins		1:30pm Beginner/Inter Coaching Pre-booked session		1pm Sport Tips & Tricks				
1330					1:30pm Steep Roof Coaching Pre-booked session			1pm Cave Trip Go underground with Derbyshire Caving Association	
1400						2:30pm Intro to Competition Holds Northern Dry Tooling		SOLD OUT	Spuds of Shepshed Jacket Potatoes
1430									
1500	3pm Clothing at the Extremes Talk by Ronnie Legg				3pm Fig-4 Coaching				
1530	4pm Masson Lees Film Premiere and Q&A				3:30 Sport Tips & Tricks				Emma's Baps
1600							4pm – 8pm Sauna Book online at saunapause.co.uk		
1630									
1700									
1730	5pm Happy Hour Cheap drinks in the OAC Bar Tent								
1800	6pm Margarita Hour Margaritas – two for £7								
1830									
1900	7pm Prizegiving (Please submit score sheets by 6:30pm)								
1930									
2000	7:30pm – 10pm Shaz n'Chaz Split Frenz Neil Frankland								
2030									
2100									
2130									
2200	10pm - midnight DJ Mikey								
2230									
2300									
2330									

For climbing sessions, please meet at the top of the Ramp **15 minutes before the session time.**

For Yoga/Aerial/Pole sessions, please meet at the Chill Zone **10 minutes before the session time.**

Please submit score sheets for all competitions to the reception tent by **6:30pm.**

